



Royalton Place Assisted Living



Sunday *Monday* *Tuesday* *Wednesday* *Thursday* *Friday* *Saturday*



Meal Times

Breakfast 8:00

Lunch 12:00

Dinner 5:00

1

9:00 Open Puzzle Time AR
 9:30 Outing: B
*Portland Art Museum—
 Monet to Matisse*

1:30 Open Puzzle Time AR
 2:30 Snacks & A Movie AR
Queen Bees
 3:00 1:1 with Angela S

6:00 KATU News AR
 6:30 Open Billiards AR
 6:15 Water Garden w/ Roy P

2

9:00 Coffee and Chat DR
 9:15 Chair Exercises AR
 9:45 Walk with a Friend AL
**10:00 Shopping with Steve B\$
 Resident Choice**

1:00 Country Drive B
 1:30 Hallway Stroll HW
 2:30 Open Board Games AR
 3:30 Open Billiards AR

6:00 Puzzles AR
 6:30 Expoza Travel AR
 6:15 Water Garden w/ Roy P

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9:00 Gladstone Parade OC
 9:15 Chair Exercises AR
 10:00 Open Board Games AR

1:00 History with Harry AR
 2:00 Afternoon Matinee AR
 4:00 Open Board Games AR

6:00 'Pawn Stars' AR
 Series on Netflix
 6:15 Water Garden w/ Roy P

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9:00 Open Puzzle Time AR
 9:15 Sit & Stretch AR
 9:45 Spiritual Eldercare
 Video Sermon AR
 10:00 Creative Arts AR

1:00 Sunday Matinee AR
The Miracle Club
 2:00 Pampered Hands AR
 3:30 Bingo AR

6:00 History Doc. AR
 6:15 Water Garden w/ Roy P

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9:15 Morning Movement AR
 9:45 'American Pickers' AR
 On Netflix
 10:00 Church with Chuck L
 10:45 Pet Visit with Denis AL
 10:45 Ted Talk AR
 11:00 Expoza Travel AR

1:30 Learn to Sign AR
 2:30 Virtual Museum Tour AR
 3:30 Music DR
Music We Remember
 6:00 Open Puzzle Time AR
 6:15 Water Garden w/ Roy P

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9:15 Chair Exercises AR
 10:00 Community Walk OC
 11:00 Karaoke AR

1:00 Sun and Games P
 2:00 Listology AR
 3:00 Happy Hr. & Poker AR
 4:30 Chair Yoga AR

6:00 Comedy Hr. AR
 6:15 Open Board Games AR
 6:15 Water Garden w/ Roy P

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9:00 Coffee and Chit-chat DR
 9:15 Wednesday Warmup AR
 9:30 Outing: B
Swan Island Dahlias
 9:45 Open Board Games AR

1:30 Blackjack AR
 2:30 'Wipe Out' AR
 Series on Netflix
 3:00 Ice Cream Social AR
 3:30 Bingo AR

6:00 Meditation AR
 6:15 Puzzles After Dark AR
 6:15 Water Garden w/ Roy P
 6:30 Expoza Travel AR

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9:00 Open Puzzle Time AR
 9:15 Mobility Workout AR
 10:00 Karaoke AR
 11:00 Outing: B
Opera in the Park

1:30 Open Puzzle Time AR
 2:30 Snacks & A Movie AR
American Hustle
 3:00 1:1 with Angela S

6:00 KATU News AR
 6:30 Open Billiards AR
 6:15 Water Garden w/ Roy P

9

9:00 Coffee and Chat DR
 9:15 Chair Exercises AR
 9:45 Walk with a Friend AL
**10:00 Shopping with Steve B\$
 Safeway**

1:00 Country Drive B
 1:30 Hallway Stroll HW
 2:30 Open Board Games AR
 3:30 Open Billiards AR

6:00 Puzzles AR
 6:30 Expoza Travel AR
 6:15 Water Garden w/ Roy P

10

9:15 Chair Exercises AR
 10:00 Armchair Travels AR
11:00 OMS Meeting AR

1:00 Patio Parley P
 2:00 Afternoon Matinee AR
 4:00 Open Board Games AR

6:00 'Pawn Stars' AR
 Series on Netflix
 6:15 Water Garden w/ Roy P

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9:00 Open Puzzle Time AR
 9:15 Sit & Stretch AR
 9:45 Spiritual Eldercare
 Video Sermon AR
 10:00 Creative Arts AR

1:00 Sunday Matinee AR
The Breakfast Club
 2:00 Pampered Hands AR
 3:30 Bingo AR

6:00 History Doc. AR
 6:15 Water Garden w/ Roy P

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9:15 Morning Movement AR
 9:45 'American Pickers' AR
 On Netflix
 10:00 Church with Chuck L
 10:45 Pet Visit with Denis AL
 10:45 Ted Talk AR
 11:00 Expoza Travel AR

1:30 Learn to Sign AR
 3:00 Virtual Museum Tour AR

6:00 Open Puzzle Time AR
 6:15 Water Garden w/ Roy P

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9:15 Chair Exercises AR
 10:00 Community Walk OC
 11:00 Karaoke AR

1:00 Sun and Games P
 2:00 Listology AR
 3:00 Happy Hr. & Poker AR
4:00 Planning Committee AR
 4:30 Chair Yoga AR

6:00 Comedy Hr. AR
 6:15 Open Board Games AR
 6:15 Water Garden w/ Roy P

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9:00 Coffee and Chit-chat DR
 9:15 Wednesday Warmup AR
 9:45 Western Classics AR
 11:00 Outing: B
Oregon Donkey Sanctuary

1:30 Blackjack AR
 2:30 'Wipe Out' AR
 Series on Netflix
 3:00 Ice Cream Social AR
 3:30 Bingo AR

6:00 Meditation AR
 6:15 Puzzles After Dark AR
 6:30 Expoza Travel AR
 6:15 Water Garden w/ Roy P

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9:00 Open Puzzle Time AR
 9:15 Mobility Workout AR
 10:00 Karaoke AR

1:00 Carnival P
 3:00 Magic Show DR
Stefano

6:00 KATU News AR
 6:30 Open Billiards AR
 6:15 Water Garden w/ Roy P

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9:00 Coffee and Chat DR
 9:15 Chair Exercises AR
 9:45 Walk with a Friend AL
**10:00 Shopping with Steve B\$
 Fred Meyer**

1:00 Country Drive B
 1:30 Hallway Stroll HW
 2:30 Open Board Games AR
 3:30 Open Billiards AR

6:00 Puzzles AR
 6:30 Expoza Travel AR
 6:15 Water Garden w/ Roy P

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9:15 Chair Exercises AR
 10:00 Armchair Travels AR
 11:00 'West Coast Customs' AR
 Series on Netflix

1:00 History with Harry AR
 2:00 Afternoon Matinee AR
 4:00 Open Board Games AR

6:00 'Pawn Stars' AR
 Series on Netflix
 6:15 Water Garden w/ Roy P



Royalton Place Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>18</p> <p>9:00 Open Puzzle Time AR 9:15 Sit & Stretch AR 9:45 Spiritual Eldercare Video Sermon AR 10:45 Armchair Travels AR</p> <p>1:00 Sunday Matinee AR <i>Conan the Barbarian</i> 3:30 Bingo AR</p> <p>6:00 History Doc. AR 6:15 Water Garden w/ Roy P</p>	<p>19</p> <p>9:15 Morning Movement AR 9:45 'American Pickers' AR On Netflix 10:00 Pet Visit with Denis AL 10:00 Church with Chuck L 10:45 Ted Talk AR</p> <p>1:30 Learn to Sign AR 3:00 Virtual Museum Tour AR</p> <p>6:00 Open Puzzle Time AR 6:15 Water Garden w/ Roy P</p>	<p>20</p> <p>9:15 Chair Exercises AR 10:00 Community Walk OC 11:00 Karaoke with Steve AR 11:00 Dementia Care Support Group with Cher L</p> <p>1:00 Sun and Games P 1:30 Music DR <i>Monte & Hank</i> 3:00 Happy Hr. & Poker AR 4:30 Chair Yoga AR</p> <p>6:00 Comedy Hr. AR 6:15 Open Board Games AR 6:15 Water Garden w/ Roy P</p>	<p>21</p> <p>9:00 Coffee and Chit-chat DR 9:15 Wednesday Warmup AR 9:45 Western Classics AR 10:00 Outing: B <i>West Moreland Nature Walk</i></p> <p>1:30 Blackjack AR 2:30 'Wipe Out' AR Series on Netflix 3:00 Ice Cream Social AR 3:30 Bingo AR</p> <p>6:00 Meditation AR 6:15 Puzzles After Dark AR 6:15 Water Garden w/ Roy P 6:30 Expoza Travel AR</p>	<p>22</p> <p>9:00 Open Puzzle Time AR 9:15 Mobility Workout AR 10:00 Karaoke with Steve AR 11:00 Would You Rather AR</p> <p>1:00 Open Puzzle Time AR 1:30 Lemon Logic P 2:30 Snacks & A Movie AR <i>Set It Up</i></p> <p>6:00 KATU News AR 6:15 Water Garden w/ Roy P 6:30 Open Billiards AR</p>	<p>23</p> <p>9:00 Coffee and Chat DR 9:15 Chair Exercises AR 9:45 Walk with a Friend AL 10:00 Shopping with Steve B\$ <i>Walmart</i></p> <p>1:00 Chef Talk with Lance DR 1:00 Country Drive B 1:30 Hallway Stroll HW 2:30 Open Board Games AR 3:30 Open Billiards AR</p> <p>6:00 Puzzles AR 6:15 Water Garden w/ Roy P 6:30 Expoza Travel AR</p>	<p>24</p> <p>9:15 Chair Exercises AR 10:00 Armchair Travels AR 11:00 'West Coast Customs' AR Series on Netflix</p> <p>1:00 Patio Parley P 2:00 Afternoon Matinee AR 4:00 Open Board Games AR</p> <p>6:00 'Pawn Stars' AR Series on Netflix 6:15 Water Garden w/ Roy P</p>	
<p>*Angela will be on vacation this week</p>							
<p>25</p> <p>9:00 Open Puzzle Time AR 9:15 Sit & Stretch AR 9:45 Spiritual Eldercare Video Sermon AR 10:00 Oregon State Fair B\$ <i>Bull Riding</i></p> <p>1:00 Sunday Matinee AR <i>Resident Choice</i></p> <p>6:00 Bingo After Dinner AR</p>	<p>26</p> <p>9:15 Morning Movement AR 9:45 'American Pickers' AR On Netflix 10:00 Church with Chuck L 10:45 Pet Visit with Denis AL 11:00 Creative Arts AR</p> <p>1:30 Learn to Sign AR 3:00 Virtual Museum Tour AR</p> <p>6:00 Open Puzzle Time AR 6:15 Water Garden w/ Roy P</p>	<p>27</p> <p>9:15 Chair Exercises AR 10:00 Community Walk OC 11:00 Karaoke AR</p> <p>1:00 Sun and Games P 2:00 Listology AR 3:00 Happy Hr. & Poker AR 4:00 Resident Council AR 4:30 Chair Yoga AR</p> <p>6:00 Comedy Hr. AR 6:15 Open Board Games AR 6:15 Water Garden w/ Roy P</p>	<p>28</p> <p>9:00 Coffee and Chit-chat DR 9:15 Wednesday Warmup AR 9:45 Western Classics AR 10:00 Outing: B\$ <i>Leach Botanical Garden</i></p> <p>1:30 Blackjack AR 2:30 'Wipe Out' AR Series on Netflix 3:00 Ice Cream Social AR 3:30 Bingo AR</p> <p>6:00 Meditation AR 6:15 Puzzles After Dark AR 6:15 Water Garden w/ Roy P 6:30 Expoza Travel AR</p>	<p>29</p> <p>9:00 Open Puzzle Time AR 9:15 Mobility Workout AR 10:00 Karaoke AR 11:00 Would You Rather AR</p> <p>1:00 Open Puzzle Time AR 1:30 Lemon Logic P 2:30 Snacks & A Movie AR <i>Beverly Hills Cop Axel F</i></p> <p>6:00 KATU News AR 6:15 Water Garden w/ Roy P 6:30 Open Billiards AR</p>	<p>30</p> <p>9:00 Coffee and Chat DR 9:15 Chair Exercises AR 9:45 Walk with a Friend AL 10:00 Shopping with Steve B\$ <i>Dollar Tree</i></p> <p>1:00 Country Drive B 1:30 Hallway Stroll HW 2:30 Open Board Games AR 3:30 Open Billiards AR</p> <p>6:00 Puzzles AR 6:15 Water Garden w/ Roy P 6:30 Expoza Travel AR</p>	<p>31</p> <p>9:15 Chair Exercises AR 10:00 Armchair Travels AR 11:00 'West Coast Customs' AR Series on Netflix</p> <p>1:00 Patio Parley P 2:00 Afternoon Matinee AR 4:00 Open Board Games AR</p> <p>6:00 'Pawn Stars' AR Series on Netflix 6:15 Water Garden w/ Roy P</p>	
<p>Abbreviation Key</p> <p>AR Activity Room AL Assisted Living DR Dining Room L Library P Patio UR Upon Request OC Off Campus S Scheduled B Bus \$ Bring Money Once Monthly Events</p> <p><small>*All Activities are subject to change. Outdoor activities are weather permitting.</small></p>	<p>Meal Times</p> <p><i>Breakfast 8:00</i></p> <p><i>Lunch 12:00</i></p> <p><i>Dinner 5:00</i></p>	<p>Happy Birthday</p> <p><i>Maria 8/14</i></p> <p><i>Steve 8/14</i></p> <p><i>Tricia 8/17</i></p>	<p>Entertainment</p> <p><i>Music we Remember 8/5</i></p> <p><i>Stefano's Magic Show 8/15</i></p> <p><i>Monte & Hank 8/20</i></p> <p><small>• Movies are on Netflix unless otherwise stated</small></p>				