


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location key: <i>Billiards Room-BR</i> <i>Front Desk-FD</i> <i>Bistro-B</i> <i>Parlor-PR</i> <i>Activity Room-AR</i> <i>Patio P</i> <i>Dining Room-DR</i> <i>Library-LY</i> <i>Outina-O</i>	9:30 News Headlines TV (MP) 1 <u>10:30 Morning Walking Group</u> 12:30 'How it's made' TV (MP) 1:00 Gym time w/Erick (FR) <u>1:30 Blackjack Card Games (P)</u> 2:30 Popcorn & Coke Social MP 3:30 Classic Records w/Erick LY 5:00 Resident Movie night MP Canada Day	9:30 News & Coffee Group (P) 2 10:00 Random Trivia Games (P) <u>10:30 Chair Yoga w/Erick MP</u> 12:30 TV Travel: 'Norway' MP <u>1:30 'Endless Words' Game LY</u> 2:00 Vanilla Iced Coffee Social 2:30 Watercolor painting (M) 3:30 Piano Tunes w/Fern (MP)	9:30 Freshly baked Cookies 3 10:30 Chair Fitness w/Leah MP <u>11:30 Lunch: Mall Food Court</u> 1:00 Billiard Players Club BR 1:30 Nickle Bingo Games (MP) <u>2:00 Shopping: 'Stater Bros.' (O)</u> 3:00 Wine & Jazz Wednesday 7:10 LA Dodgers vs D-backs	9:30 News Headlines TV (MP) 4 10:30 Morning Exercises (MP) <u>11:30 4th of July Patriotic Show w/guitarist Mike Finn (DR)</u> 12:30 Travel: 'Across the USA' <u>1:00 Astrology Chat w/Leah LY</u> 2:30 Bible Study with Brad (MP) 3:30 Karaoke & Drinks Social Independence Day (US)	9:30 Morning Chat Group PR 5 10:30 Exercises w/Margaret MP 11:30 LA Angels vs Cubs (MP) <u>1:30 Flower Arrangement Club</u> 2:00 Root Beer Floats Social B <u>3:00 Nickle Bingo Games! MP</u> 3:30 Mahjong w/Susan (BR) 5:00 Rummikub Players Club	9:30 Chair Fitness Class (MPR) 6 10:30 'Endless Words' w/Deya 12:30 TV Travel: 'Egypt' (MP) <u>1:30 'Let's Meditate' Group LY</u> 2:00 Ladies Jewelry making PR 2:30 Movie Matinee w/Popcorn: 'Unfrosted' (2024) 3:00 Manicures w/Deya (MP)
9:30 Freshly baked Cookies B 7 10:00 Sunday TV Church (MP) 10:45 Holy Communion-Silvia <u>12:30 Phone Cleaning/Help (B)</u> 1:00 LA Dodgers vs Brewers PR 1:30 Nickle Bingo games (MP) 2:00 Dominoes Players Club 3:00 Card-Making w/Deya MP	9:30 News Headlines TV (MP) 8 <u>10:30 Morning Walking Group</u> 12:30 'Dancing w/ the stars' 1:00 Gym Time w/Erick (FR) <u>1:30 UNO Card Games (PR)</u> 2:30 Popcorn & Coke Social MP 3:00 Music Jams-Erick & Adam 5:00 Resident Movie night MP	9:30 News & Coffee Group (P) 9 10:00 Random Trivia Games (P) <u>10:30 Veteran's Photoshoot</u> 12:30 TV Travel: 'Route 66' <u>1:30 Jeopardy trivia Games</u> 2:00 Ice Cream Sundae Bar BR 2:30 Watercolor painting (MP) 3:30 Piano Tunes w/Fern (MP)	9:30 Freshly baked Cookies 10 10:30 Chair Fitness w/Leah MP <u>11:30 Lunch: Millie's Rest. (O)</u> 1:00 Billiard Players Club BR 1:30 Nickle Bingo Games (MP) <u>2:00 Shop: 'Sprouts/Five Below'</u> 3:00 Wine & Jazz Wednesday 4:00 LA Dodgers vs Phillies MP	9:30 News Headlines TV (MP) 11 10:30 Morning Exercises (MP) <u>12:00 Salvation Army Pickup L</u> <u>12:30 Jewelry/Watch Repair LY</u> 1:00 Regency Book Club (PR) 2:30 Bible Study with Brad (MP) <u>3:30 Karaoke & Drinks Social</u> 6:30 LA Angels vs Mariners MP	9:30 Morning Chat Group PR 12 10:30 Exercises w/Margaret MP 11:30 LA Angels vs Cubs (MP) <u>1:30 Flower Arrangement Club</u> 2:00 Ice Cream Cones Social <u>3:00 Nickle Bingo Games! MP</u> 3:30 Mahjong w/Susan (BR) 5:00 Dominoes Players Club	9:30 Chair Fitness Class (MPR) 13 10:30 'Endless Words' w/Deya 12:30 TV Travel: 'Yosemite' MP <u>1:30 'Let's Meditate' Group LY</u> 2:00 Ladies Jewelry making PR 2:30 Movie w/Popcorn: 'LA LA Land' (2016) MP 3:00 Manicures w/Deya (MP)
9:30 Freshly baked Cookies 14 10:00 Sunday TV Church (MP) 10:45 Holy Communion-Silvia <u>12:30 Phone Cleaning/Help (B)</u> 1:00 LA Angels vs Mariners PR <u>1:30 Nickle Bingo games (MP)</u> 2:00 Dominoes Players Club 3:00 Arts & Crafts w/Deya MP	9:30 News Headlines TV (MP) 15 <u>10:45 Move & Groove-Melodie</u> 12:30 'American Pickers' MP 1:00 Gym Time w/Erick (FR) <u>1:30 Blackjack Card Games PR</u> 2:30 Popcorn & Coke Social MP 3:00 Vinyl records w/Erick LY 5:00 Resident Movie night MP	9:30 News & Coffee Group (P) 16 10:00 Random Trivia Games (P) <u>10:30 'Headshots' Photoshoot</u> 12:30 TV Travel: 'Japan' <u>1:30 Jeopardy trivia Games</u> 2:00 Vanilla Iced Coffee Social 2:30 Watercolor painting (MP) 3:30 Piano Tunes w/Fern (MP)	9:30 Freshly baked Cookies 17 10:30 Chair Fitness w/Leah MP <u>11:30 Lunch: Legends Burgers</u> 1:00 Billiard Players Club BR 1:30 Nickle Bingo Games (MP) <u>2:00 Shop: 'Dollar tree/Target'</u> 2:30 'Aguas Frescas' by Scan B 3:00 RG Karaoke Hour (MP)	9:30 News Headlines TV (MP) 18 10:30 Morning Exercises (MP) 12:30 'Pawn Stars' TV show MP <u>1:30 "Acupressure" Talk by Kristine-Glendor Hospital MP</u> 2:00 Summer Slushees w/Erick 2:30 Bible Study with Brad (MP) 3:00 Blackjack card Games PR	9:30 Morning Chat Group PR 19 10:30 Exercises w/Margaret MP <u>1:30 Flower Arrangement Club</u> 2:00 Ice Cream Cones Social <u>3:00 UNO Card Games (PR)</u> 3:30 Mahjong w/Susan (BR) <u>4:30 Summer Dance party</u> 'The Upland 3 Jazz band' MP	9:30 Chair Fitness Class (MPR) 20 10:30 'Endless Words' w/Deya 12:30 TV Travel: 'Paris' MP <u>1:30 'Let's Meditate' Group LY</u> 2:00 Ladies Jewelry making PR 2:30 Movie w/Popcorn: 'POMS' (2019) MP 3:00 Manicures w/Deya (MP)
9:30 Freshly baked Cookies 21 10:00 Sunday TV Church (MP) 10:45 Holy Communion-Silvia <u>12:30 Phone Cleaning/Help (B)</u> 1:00 LA Angels vs Red Sox PR <u>1:30 Nickle Bingo games (MP)</u> 2:00 Dominoes Players Club 3:00 Arts & Crafts w/Deya MP	9:30 News Headlines TV (MP) 22 <u>10:30 Chair Fitness w/Erick MP</u> 12:30 'Dancing w/The Stars' MP 1:00 Gym Time w/Erick (FR) <u>1:30 Resident Council Meeting</u> 2:30 Popcorn & Coke Social MP 3:00 Music Jams-Erick & Adam 5:00 Resident Movie night MP	9:30 News & Coffee Group (P) 23 10:00 Random Trivia Games (P) <u>10:30 Chair Yoga w/Deya MP</u> 12:30 TV Travel: 'Australia' MP <u>1:30 Activity Planning Meeting</u> 2:00 Vanilla Iced Coffee Social 2:30 Watercolor painting (MP) 3:30 Piano Tunes w/Fern (MP)	9:30 Freshly baked Cookies 24 10:30 Chair Fitness w/Leah MP <u>11:30 Lunch: Sizzler Restaurant</u> 1:00 Billiard Players Club BR 1:30 Nickle Bingo Games (MP) <u>2:00 Shop: 'Community Thrift'</u> 3:00 'July' Birthday Cake Social 7:00 LA Dodgers vs Giants MP	9:30 News Headlines TV (MP) 25 10:30 Morning Exercises (MP) 12:30 'Pawn Stars' TV show M <u>1:00 Astrology Chat w/Leah LY</u> 2:30 Ice Cream Cone Social B 2:30 Bible Study with Brad (MP) 3:00 Dominoes Players Club <u>4:30 RG 50's Dance party (MP)</u>	9:30 Food Council Meeting 26 10:30 Exercises w/Margaret MP 12:30 'Pawn Stars' TV Show MP <u>1:30 Flower Arrangement Club</u> 2:00 Blackjack card Games PR <u>3:00 Nickle Bingo Games! MP</u> 3:30 Mahjong w/Susan (BR) 5:00 LA Dodgers vs Astros MP	9:30 Chair Fitness Class (MPR) 27 10:30 'Endless Words' w/Deya 12:30 TV Travel: 'Ireland' MP <u>1:30 'Let's Meditate' Group LY</u> 2:00 Ladies Jewelry making PR 2:30 Movie w/Popcorn: 'Wonder' (2017) MP 3:00 Manicures w/Deya (MP)
9:30 Freshly baked Cookies 28 10:00 Sunday TV Church (MP) 10:45 Holy Communion-Silvia 11:00 LA Dodgers vs Astros PR <u>1:30 Nickle Bingo games (MP)</u> 2:30 Walker & Wheelchair Wash by Sunshine Group P 3:00 Summer Slushees Social	9:30 News Headlines TV (MP) 29 <u>10:45 Move & Groove-Melodie</u> <u>12:30 Jewelry Sale by Erika PR</u> 1:00 Gym Time w/Erick (FR) <u>1:30 'Dementia' Talk by SCAN</u> 2:30 Popcorn & Coke Social MP 3:00 Vinyl Records w/Erick LY 5:00 Resident Movie night MP	9:30 News & Coffee Group (P) 30 10:00 Random Trivia Games (P) <u>10:30 Morning Walking Group</u> 12:30 TV Travel: 'Greenland' <u>1:30 Jeopardy trivia Games</u> 2:00 Ice Cream Sundae Bar 2:30 Watercolor painting (MP) 3:30 Piano Tunes w/Fern (MP)	9:30 Freshly baked Cookies 31 10:30 Fashion Boutique-Shakiba <u>11:30 Lunch: IKEA Restaurant</u> 1:00 Billiard Players Club BR 1:30 Nickle Bingo Games (MP) <u>2:00 Shop: 'Stater Bros.' (O)</u> 3:00 Wine & Jazz Wednesday 5:30 LA Dodgers vs Padres MP			

All Activities are subject to change.
 Update will be posted in Community Tv's.

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