

# July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Morning Stretch <b>1</b> 10:15 Shopping: Bi-Mart 2:00 Activity Planning for August 4:00 New Resident Meet & Greet 6:00 Game: Residents' Choice	9:30 Chair Dance Fun <b>2</b> 10:30 Painted Seashells 1:30 Parachute Ball 2:30 Bingo 6:00 Movie: <i>Oppenheimer</i> (AP)	9:30 Exercise w/Johonna <b>3</b> 10:30 Coffee Social 11:00 Group Chat: Independence Day 12:00 <b>Independence Day BBQ &amp; Party</b> 4:30 Happy ½ Hour 6:00 Resident Led Card Game	9:30 Chair Fitness <b>4</b> w/Paul Eugene on YouTube 10:30 Resident Led Quiddler 1:30 Movie: <i>1776</i> 6:00 Series Night: <i>Joe Pickett</i> (S2E1) (P+) Carole's Birthday Liz's Birthday Independence Day	9:30 Exercise w/Kristy <b>5</b> 10:30 Rummikub 1:30 Creative Flower Painting 3:00 <b>Gus Russell on Piano</b> 6:00 Resident Led Game	9:30 Chair Fitness <b>6</b> w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 1:30 Movie & Popcorn: <i>Man's Favorite Sport?</i> (AP) 4:00 Game: Residents' Choice 6:00 TV Time, Caregivers Choice
10:00 Monthly Support Group <b>7</b> 11:30 <b>Picnic at the Rose Garden</b> 1:30 Sunday Matinee: <i>Chocolat</i> (P+) 3:30 Rock Painting 6:00 Documentary: <i>Mysteries of the Terracotta Warriors</i> (NF)	9:30 Morning Stretch <b>8</b> 9:45 Shopping: Winco 2:30 DIY Nail Spa 6:00 Game: Residents' Choice	9:30 Chair Dance Fun <b>9</b> 10:30 Craft: Blessing Jars 1:30 Charades 2:30 Bingo 6:00 Movie: <i>Ender's Game</i> (NF)	9:30 Exercise w/Rita <b>10</b> 10:30 Coffee Social 11:00 Group Chat: Worry & Anxiety 2:00 <b>Vocalist Sara Scofield</b> 3:30 Craft: Tile Coasters 6:00 Resident Led Card Game	10:30 Resident Led Quiddler <b>11</b> 1:00 Afternoon Stretch 2:00 Writing Workshop 4:30 Happy ½ Hour 6:00 Series Night: <i>Joe Pickett</i> (S2E2) (P+)	9:30 Exercise w/Kristy <b>12</b> 10:30 Dominos 2:00 Discussion: Perception is Not Reality 3:00 Texas Hold 'Em 6:00 Resident Led Game	9:30 Chair Fitness <b>13</b> w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 1:30 Movie & Popcorn: <i>Some Like it Hot</i> (AP) 4:00 Game: Residents' Choice 6:00 TV Time, Caregivers Choice
10:30 Garden Tending & Morning Walk <b>14</b> 1:30 Simple Still Life Drawing 3:00 <b>Bible Study w/Tim</b> 6:00 Documentary: <i>Fire Mountain: The Eruption and Rebirth of Mount St. Helens</i> (AP)	9:30 Morning Stretch <b>15</b> 10:00 Shopping: Trader Joe's 2:00 <b>Dance with Pani</b> 4:00 Bingo 6:00 Game: Residents' Choice	9:30 Chair Dance Fun <b>16</b> 10:30 Trivia: World History 1:30 Balloon Swat 2:30 Texas Hold 'Em 4:00 <b>Myths of Hospice. Presented by Brighton Hospice</b> 6:00 Movie: <i>Forever Young</i> (AP)	9:30 Exercise w/Johonna <b>17</b> 10:30 Coffee Social 11:00 Group Chat: The Value of Debating 1:30 <b>Outing: Emerald Lanes</b> 2:30 Resident Led Help Your Neighbor 6:00 Resident Led Card Game	10:30 Resident Led Quiddler <b>18</b> 1:00 Afternoon Stretch 2:00 Tye Dye Totes 4:30 Happy ½ Hour 6:00 Series Night: <i>Joe Pickett</i> (S2E3) (P+)	9:30 Exercise w/Kristy <b>19</b> 10:30 Rummikub 2:00 <b>Timothy Patrick on Guitar</b> 3:30 Short Story Reading 6:00 Resident Led Game Pam's Birthday	9:30 Chair Fitness <b>20</b> w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 1:30 Movie & Popcorn: <i>To Catch a Thief</i> (P+) 4:00 Game: Residents' Choice 6:00 TV Time, Caregivers Choice
10:30 Garden Tending & Morning Walk <b>21</b> 11:30 <b>Lunch Outing: Roaring Rapids</b> 4:00 Rocks & Minerals 6:00 Documentary: <i>Mystery of the Hope Diamond</i> (P+)	9:30 Morning Stretch <b>22</b> 10:15 Shopping: Safeway 2:00 <b>Tim Biggs on Guitar</b> 4:00 Bingo 6:00 Game: Residents' Choice	9:30 Chair Dance Fun <b>23</b> 10:30 Craft: Personalized Glass Necklace 1:30 Parachute Ball 2:30 Dominos 6:00 Movie: <i>Mission Impossible: Dead Reckoning</i> (P+)	9:30 Exercise w/Rita <b>24</b> 10:30 Coffee Social 11:00 Group Chat: Normalizing Death & Dying 2:00 Hangman 6:00 Resident Led Card Game	10:30 Resident Led Quiddler <b>25</b> 1:00 Afternoon Stretch 1:30 <b>Swimming at Waterford</b> 4:30 Happy ½ Hour 6:00 Series Night: <i>Joe Pickett</i> (S2E4) (P+)	9:30 Exercise w/Kristy <b>26</b> 10:30 Discussion: About Emotions and How to Control Them 2:00 Craft: Pinecone Flowers 3:00 Texas Hold 'Em 6:00 Resident Led Game	9:30 Chair Fitness <b>27</b> w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 1:30 Movie & Popcorn: <i>Overboard</i> (AP) 4:00 Game: Residents' Choice 6:00 TV Time, Caregivers Choice
10:30 Garden Tending & Morning Walk <b>28</b> 2:00 Armchair Travel to the Monterey Bay, CA 4:00 <b>FETCH Therapy Dog Visit</b> 6:00 Documentary: <i>Wildest California</i> (P+)	9:30 Morning Stretch <b>29</b> 10:15 Shopping: Market of Choice 2:00 Resident Council 3:30 July Birthdays Cake 6:00 Game: Residents' Choice	9:30 Chair Dance Fun <b>30</b> 10:30 Rummikub 1:30 Resident Food Council 2:30 Quiddler 4:00 <b>Presentation: Pain Management</b> 6:00 Movie: <i>Housewife, 49</i> (AP)	9:30 Monthly Meditation <b>10</b> <b>31</b> 10:30 Coffee Social 11:00 Group Chat: Power of Touch 1:30 Mid-Week Matinee: <i>Bank of Dave</i> (NF) 4:30 Happy ½ Hour 5:00 <b>Friends &amp; Family Buffet</b>	<div data-bbox="1858 1493 3017 1749" style="border: 1px solid black; padding: 10px;"> <p>Please remember, all bus outings require sign-up in advance!            Activities are hosted in the lounge unless otherwise indicated.            Every effort is made to fulfill all calendar events; however, activities could be subject to change.</p> <p>Movie descriptions will be listed on the daily schedule posted at front desk.</p> </div>		