







July-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Abbreviations Key: ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p>	<p>1</p> <p>9:45 Fitness Zumba 10:00 Daily News 10:15 Outdoor Discoveries 1:00 Creativity Class 1:30 Sensory Game and Snack 2:00 Ice Cream Social 3:00 Family Movie 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>2</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Outside Walk 1:00 Music Appreciation 1:30 Creativity Class 2:00 Carpet Bowling 3:00 The Carol Burnett Show (Roku) 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>3</p> <p>9:30 A Visit with Yuki and Christine 10:00 Daily News 10:15 BINGO! 1:00 Brain Games 2:00 Art Journal 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>4</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 Indoor Table tennis 1:30 Fourth of July Party! 2:00 BINGO! 3:00 Documentary Film 4:15 Aroma Therapy</p> <p style="text-align: center;"></p>	<p>5</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 Outside BINGO! 1:00 Garden Club 2:00 Namaste Nail Care with Victoria 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>6</p> <p>9:30 Natural Stretching 10:00 Daily News 10:30 Discussion Ball 1:00 Hangman 2:00 BINGO! 3:00 Family Movie 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>
<p>7</p> <p>9:30 Natural Stretching 10:00 EZ Does It Trivia 10:30 Strategy Games 11:00 Bible Study 1:00 BINGO! 2:00 Art Journal 4:00 Aroma Therapy</p> <p style="text-align: right;"></p>	<p>8</p> <p>9:45 Fitness Zumba 10:30 Daily News 10:45 Memory Joggers 1:00 Outdoor Discoveries 1:30 Colorful Creations 2:30 BINGO! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>9</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 BINGO! 1:00 Art Journal 2:00 Ice Cream Social 3:00 Family Movie 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>10</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Outdoor Discoveries 1:00 Puzzles and Games 1:30 Conversation Ball 2:00 Creativity Class 3:00 The Carol Burnett Show (Roku) 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>11</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Table Tennis 10:30 Communion 1:00 BINGO! 2:00 Card Game: "Yes I Have" 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Beat Bobby Flay—Cooking Channel 51</p> <p style="text-align: center;"></p>	<p>12</p> <p>9:30 Natural Stretching 10:00 Daily News 10:30 Trivia 1:00 Garden Club 2:00 Noodle Ball 3:00 BINGO! 4:00 Aroma Therapy</p>	<p>13</p> <p>9:30 Natural Stretching 10:00 Daily News 10:30 Noodle Ball 1:00 Creativity Class 2:00 Classic story time 3:00 BINGO! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>
<p>14</p> <p>9:30 Natural Stretching 10:00 Daily News 10:30 Strategy Games 11:00 Bible Study 1:30 Creativity Class 2:00 Snacks and A Chat 2:30 BINGO! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>15</p> <p>9:45 Fitness Zumba 10:30 Daily News 10:45 Memory Joggers 1:00 Raylan the Therapy Dog 1:30 Random Trivia 2:00 BINGO! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>16</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Colorful Creations 1:00 BINGO! 2:00 Memory Joggers 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>17</p> <p>9:30 A Visit with Yuki and Christine 10:00 Daily News 10:15 BINGO! 1:00 Noodle Ball 1:30 Ice Cream Social 2:30 Outside Discoveries 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>18</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Garden Club 10:30 Communion 1:00 Conversation Ball 2:00 Puzzles and Card Games 3:00 Family Movie 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>19</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 BINGO! 1:00 Sensory Game and Snack 1:30 Art Journal 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>20</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 Classic Story Time 1:00 Art Journal 2:00 Classic Story Time 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p> <p style="text-align: right;"></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>9:30 Self Healing Stretching 10:00 Daily News 11:00 Bible Study 1:00 Comedy Hour (Roku) 2:00 Trivia 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>22</p> <p>9:45 Fitness Zumba 10:00 Daily News 10:15 Noodle Ball 1:00 Raylan the Therapy Dog! 2:00 Jewelry Making 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p> <div style="text-align: center;"></div>	<p>23</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 Outside Bingo! 1:00 Ice Cream Social 2:00 Table Tennis 3:00 Family Movie (First Wives Club) 4:15 Aroma Therapy 6:00 Beat Bobby Flay—Cooking Channel 51</p>	<p>24</p> <p>9:30 A Visit with Yuki and Christine 10:30 BINGO! 1:00 Outside Discoveries 2:00 Noodle Ball 3:00 Animal Documentary 4:00 Aroma Therapy 6:00 Guys Grocery Games—Channel 51</p>	<p>25</p> <p>9:30 Chair Yoga 10:00 Daily News 10:15 Garden Club 10:30 Communion 1:00 Card Games and Puzzles 2:00 Trivia 3:00 Animal Documentary 4:15 Aroma Therapy</p> <div style="text-align: center;"></div>	<p>26</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 BINGO! 1:30 Music : MC Collun Duo 2:30 Comedy Hour (Rat Pack) 3:00 Animal Documentary 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>27</p> <p>9:30 Natural Stretching 10:00 Memory Café: Memory Joggers 10:30 Trivia 1:30 Card Games 3:00 Bingo! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>
<p>28</p> <p>9:30 Natural Stretching 10:00 Daily News 10:30 Strategy Games 11:00 Bible Study 1:30 Table Games 2:00 Snacks and A Chat 2:30 BINGO! 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>29</p> <p>9:30 Daily Stretching 10:30 Daily Chronicle and News 10:45 Memory Joggers 1:00 Card Games and Puzzles 1:30 Music Appreciation 3:00 Documentary Film 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>30</p> <p>9:30 Self Healing Stretching 10:00 Daily News 10:15 Outside BINGO! 1:00 Jewelry Making 2:00 Bingo 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 Family Feud—Channel 11</p>	<p>31</p> <p>9:30 A Visit with Yuki and Christine 10:30 Outside BINGO! 1:00 Daily Trivia 1:30 Ice Cream Social 2:00 Noodle Ball 3:00 Comedy Hour (Roku) 4:00 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p style="text-align: center;"><u>Birthday's</u></p> <p style="text-align: center;">Natalie P. 07/25</p>		
<div style="display: flex; justify-content: space-around; align-items: center;">    </div>						<p><u>Abbreviations Key:</u> ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p>

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