



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# AUGUST 2024

## Ashley Gardens

8:00 ZEN MUSIC 10:30** RESIDENT LEAD EXERCISE 11:00 VIRTUAL CHURCH 1:00 BRAINGAMES 2:00 REFUEL & HYDRATE 3:00 SUNDAY MATINEE 4:00 BRAINGAMES 6:00 READING/SHOWS	8:00 ZEN MUSIC 11:00 RESIDENT LEAD MORNING CHAT GROUP AND DAILY CHRONICLES 1:30 BRAINPUZZLES 2:00 REFUEL & HYDRATE 3:00 SENSORY & SORT 4:00 ADULT COLORING 6:00 SITCOM CLASSICS	8:00 ZEN MUSIC 10:30/11:00 SIT FIT 11:00 AROMATHERAPY 1:30** LIVE MUSIC! w/ Brett 2:00/2:30 HYDRATE 2:45 MATINEE & POPCORN 4:00 ADULT COLORING 6:00 EVENING CARDS	8:00 ZEN MUSIC 10:15 THERAPY DOGS 11:00 AROMATHERAPY 11/11:30 WEIGHTS & LEGS 1** REMINISCE/JOURNAL 2/2:3 SHERBET SPRITZERS 2:30 LIVE MUSIC! @Willows 4:30* REMINISCE/JOURNAL 6:00 MOVIE CHOICE	8:00 ZEN MUSIC 10:30/11:00 YOGA STRETCH & MEDITATION DAILY CHRONICLES 11:00 COMMUNION 11:00 AROMATHERAPY 1:00** NAILS & TRIVIA 2:00 REFUEL & HYDRATE 3:15* NAILS & TRIVIA	8:00 ZEN MUSIC 10:30/11:15 YOGA STRETCH & MEDITATION 11:00 AROMATHERAPY 1:00/1:30 OUTDOOR GAMES & MUSIC 2:00/2:30 ICED HIGH TEA 3:45/4:15 BINGO 6:00 FRIDAY NIGHT MOVIE	8:00 ZEN MUSIC 10:30* LIVE MUSIC! WITH STACIE 11:00 AROMATHERAPY 2:00/2:30 MARGARITA SOCIAL / CHIPS & SALSA 3:00-4:30 OUTDOOR WALKS & DEXTERITY 6:00 GAME SHOWS
8:00 ZEN MUSIC 10:30** RESIDENT LEAD EXERCISE 11:00 VIRTUAL CHURCH 1:00 BRAINGAMES 2:00 REFUEL & HYDRATE 3:00 SUNDAY MATINEE 4:00 BRAINGAMES 6:00 READING/SHOWS	8:00 ZEN MUSIC 11:00 RESIDENT LEAD MORNING CHAT GROUP AND DAILY CHRONICLES 1:30 BRAINPUZZLES 2:00 REFUEL & HYDRATE 3:00 SENSORY & SORT 4:00 ADULT COLORING 6:00 SITCOM CLASSICS	8:00 ZEN MUSIC 10:30/11:00 SIT FIT 11:00 AROMATHERAPY 1:00/1:30 SING A-LONG 2:00/2:30 HYDRATE 2:45 MATINEE & POPCORN 4:00 ADULT COLORING 6:00 EVENING CARDS	8:00 ZEN MUSIC 10:15 THERAPY DOGS 11/11:30 WEIGHTS & LEGS 1:00** CRAFTS 2:00/2:30 STRAWBERRY SPRITZERS 3:00 SCENIC DRIVE 4:30* CRAFTS 6:00 MOVIE CHOICE	8:00 ZEN MUSIC 10:30/11:00 YOGA STRETCH & MEDITATION DAILY CHRONICLES 11:00 COMMUNION 11:00 AROMATHERAPY 1:00** NAILS & TRIVIA 2:00 REFUEL & HYDRATE 3:15* NAILS & TRIVIA	8:00 ZEN MUSIC 10:30/11:15 YOGA STRETCH & MEDITATION 11:00 AROMATHERAPY 1:00/1:30 OUTDOOR GAMES & MUSIC 2:00/2:30 ICED HIGH TEA 3:45/4:15 BINGO 6:00 FRIDAY NIGHT MOVIE	8:00 ZEN MUSIC 10:30* LIVE MUSIC! WITH STACIE 11:00 AROMATHERAPY 2:00/2:30 SMOOTHIE SOCIAL 3:00-4:30 OUTDOOR WALKS & DEXTERITY 6:00 GAME SHOWS
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\*Adams/Baker House \*\*Cascade/Denali House ~Virtual Ashley Gardens Bremerton • 3231 Pine Rd NE • Bremerton, WA 98310 • (360) 478-7277