

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>July Birthdays Dean 7/05 Richard 7/10 Cathy 7/21 Judy S. 7/26</p>	<p>10:00 Scenic Drive 1 2:30 Tool Time w/Matt 3:00 Gentle Stretch 3:20 Daily Chronicle 3:50 Jump Back July Discussion</p> <p><small>Canada Day</small></p>	<p>10:00 Gentle Stretch 2 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Fire Works Craft 3:30 Outdoor Walking Group</p>	<p>10:00 Gentle Stretch 3 10:20 Daily Chronicles 10:50 Jump Back July Discussion 10:55 Therapy Dogs 2:30 Bingo Madness 3:30 Walking Group 4:45 Weds. Is 4 Wine'rs</p> 	<p>10:00 Gentle Stretch 4 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Italian Soda Evening Fireworks on TV</p> <p><small>Independence Day (US)</small></p>	<p>10:00 Gentle Stretch 5 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Squirt the Duck Social 3:00 Ted Talk 4:00 Walking Group</p> 	<p>10:00 Gentle Stretch 6 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:00 Movie w/Popcorn</p> 
<p>10:00 Gentle Stretch 7 10:20 Daily Chronicles 10:50 Jump Back July Discussion Cottage Stroll** Michael J. Fox Documentary 6:00 Hymnspiration</p> 	<p>10:00 Scenic Drive 8 11:00 My Girls Diner 2:30 Gentle Stretch 2:50 Daily Chronicle 3:00 Jump Back July Discussion 3:30 Decorate Cookies w/Janet</p>	<p>10:15 Chair Zumba 9 11:00 Daily Chronicle 11:20 Jump Back July Discussion 1:30 Chef Talk 2:30 Corn Hole 3:30 Walking Group</p> 	<p>10:00 Gentle Stretch 10 10:20 Daily Chronicles 10:50 Jump Back July Discussion 10:55 Therapy Dogs 2:30 Bingo Madness 3:30 Walking Group 4:45 Weds. Is 4 Wine'rs</p> 	<p>9:30 Gentle Stretch 11 9:50 Daily Chronicle 10:00 Jump Back July Discussion 10:30 Music w/ Back in the Day 2:30 Balloons & Noodles</p> 	<p>10:00 Gentle Stretch 12 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Social 3:00 Ted Talk 4:00 Walking Group Nat. Dif. Color Eye Day</p> 	<p>10:00 Gentle Stretch 13 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:00 Movie w/Popcorn</p> 
<p>10:00 Gentle Stretch 14 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Jenga Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> 	<p>10:00 Gentle Stretch 15 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Tool Time w/Matt 3:30 Rock Art</p>	<p>10:00 Gentle Stretch 16 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Music w/Kristi & Steve</p> 	<p>10:00 Gentle Stretch 17 10:20 Daily Chronicles 10:50 Jump Back July Discussion 10:55 Therapy Dogs 2:30 Bingo Madness 3:30 Walking Group 4:45 Weds. Is 4 Wine'rs</p> 	<p>10:00 Gentle Stretch 18 10:20 Daily Chronicles 10:50 Jump Back July Discussion 3:30 Rock Art Finish Aurora Borealis Rocks</p>	<p>10:15 Chair Yoga 19 11:00 Daily Chronicles 11:20 Jump Back July Discussion 2:30 Ice Cream Social 3:00 Resident Council 4:00 Ted Talk</p> 	<p>10:00 Gentle Stretch 20 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:00 Movie w/Popcorn</p> 
<p>10:00 Gentle Stretch 21 10:20 Daily Chronicles 10:50 Jump Back July Discussion 11:00 Emerald Downs Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> 	<p>22 10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Jump Back July Discussion 3:15</p>	<p>10:00 Gentle Stretch 23 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Balance Fair w/ Kelsey</p>	<p>10:00 Gentle Stretch 24 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Bingo Madness 3:30 Walking Group 4:45 Weds. Is 4 Wine'rs</p> 	<p>10:00 Scenic Drive 25 1:30 Music w/Tom 2:30 Gentle Stretch 2:50 Daily Chronicles 3:00 Jump Back July Discussion</p> 	<p>10:00 Gentle Stretch 26 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Smoothie Social 3:00 Ted Talk 4:00 Walking Group</p> 	<p>10:00 Gentle Stretch 27 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:00 Movie w/Popcorn</p> 
<p>10:00 Gentle Stretch 28 10:20 Daily Chronicles 10:50 Jump Back July Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> 	<p>10:00 Gentle Stretch 29 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 Music w/ Fun Singers</p> 	<p>10:00 Gentle Stretch 30 10:20 Daily Chronicles 10:50 Jump Back July Discussion 2:30 July Birthday Party 3:00 Birthday Funnies</p> 	<p>10:00 Gentle Stretch 31 10:20 Daily Chronicles 10:50 Jump Back July Discussion 10:55 Therapy Dogs 2:30 Bingo Madness 3:30 Walking Group 4:45 Weds. Is 4 Wine'rs</p> 	 <p>The Cottage July 2024 Evening Self-lead Activities Thursdays @ 11AM: "Zen TV"- Every day in the Living Room Catholic Holy Communion</p>		