



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Rummikub 1 9:00 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Brain Boosting Games 1:30 Balloon Volleyball 3:00 Social: Strawberries & Cream Snow Cones 6:00 Docuseries: Travel Fact or Fiction Ep 1 <small>Canada Day</small>	9:00 Wii Bowling 2 9:30 Scenic Drive to Catalina State Park 10:00 Walkers Club 11:00 Watercolor & Chat 1:30 Quarter Bingo 3:00 Nail Polish Parlor & Hand Massage 5:00 Scrabble 6:00 Monk Season 1 Ep 1	9:00 Gardening Club 3 9:30 Flower Arranging 10:00 Get w/ the Flow Gentle Chair Yoga 11:00 *New Game- Sequence 1:30 Crafty Corner: Tye Dye Handkerchiefs 3:00 Come & Cool off w/ Eege's 5:00 Group Coloring	8:30 Shopping at Trader Joe's 4 9:00 Rummikub 10:00 Red, White & Blue Quiz 11:00 Group Book Club 12:00 4 th of July BBQ 1:30 Mexican Train Dominos 3:00 4 th of July Happy Hour with Frank Ross 5:30 Evening Meditation <small>Independence Day (US)</small>	9:00 Farkle 5 10:00 Move it and Shake it w/ Desrae 10:30 Prize Bingo 1:30 Sing Along with Maryanne 2:30 Chat Pack- Getting to Know You 3:00 Crazy 8's 6:00 Classic Movie: Guarding Tess	9:00 Wii Bowling 6 10:30 Seated Gentle Flow Yoga 11:00 Quiz & Trivia 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: The Boys in the Boat
9:30 Hymn Sing Along w/ Rainer 7 10:30 Virtual Non-Denominational Church Service 11:00 Color Your Mind 1:00 Movie Matinee 3:00 Activity Planning Meeting 5:30 Games & Puzzles	9:00 Rummikub 8 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Brain Boosting Games 1:30 Stay Sharp! w/ Dr. Andrea 3:00 Social: Make Your Own Sundaes 6:00 Docuseries: Travel Fact or Fiction Ep 2	9:00 Wii Bowling 9 9:30 Lunch at Culvers 10:00 Walkers Club 11:00 Color & Chat 1:30 Quarter Bingo 3:00 Picture in Time 5:00 Domino 6:00 Monk Season 1 Ep 2	9:00 Gardening Club 10 9:30 Flower Arranging 10:00 Get w/ the Flow Gentle Chair Yoga 10:30 Junk Drawer Detective 11:00 Gratitude Circle w/ Susan 1:30 Pima County Library Book Mobile 1:30 Bible Study 2:30 Sing Along w/ Linda Updike 5:00 Group Coloring	8:30 Shopping at Fry's & Dollar Tree 11 9:00 Rummikub 10:00 Crafty Corner: Sun Catchers 11:00 Group Book Club 1:30 Blackjack 3:00 Yoga w/ Myrlene from Steel Feathers 5:30 Evening Meditation	9:00 Farkle 12 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo Ralph 1:30 Left Center Right 2:30 Can You Name 10? 3:00 Chase the Ace 6:00 Classic Movie: Close Encounters of the Third Kind	9:00 Wii Bowling 13 10:30 What's Cooking? 11:30 Question of the Week 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Test Tasting Cheese from Around the World 6:00 Saturday Night Movie: The Darkest Hour
9:30 Good News, Coffee & Donuts 14 10:30 Virtual Non-Denominational Church Service 11:00 Scenic Bus Ride 1:00 Matinee Movie 2:00 Church Service w/ Faith Community Church 3:00 You Be the Judge 5:30 Games & Puzzles	9:00 Rummikub 15 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Pizza Party!! 1:30 Balloon Volleyball 3:00 Happy Hour w/ Wild Bill 6:00 Docuseries: Travel Fact or Fiction Ep 3	9:00 Wii Bowling 16 9:30 Injoy Thrift Store 10:00 Walkers Club 11:00 Watercolor & Chat 1:30 Quarter Bingo 3:00 *New Game- Sequence 5:00 Scrabble 6:00 Monk Season 1 Ep 3	9:00 Gardening Club 17 9:30 Flower Arranging 10:00 Get w/ the Flow Gentle Chair Yoga 10:30 Crafty Corner: Mod Podge Fabric Flowerpots 2:00 Town Hall Meeting 3:00 Sing Along w/ Katie 5:00 Group Coloring	9:00 Rummikub 18 10:00 Travelogue- A Summer in Paris 11:00 Group Book Club 1:00 Food Meeting w/ Chef Arine 1:30 Mexican Train Dominos 3:00 Yoga w/ Myrlene from Steel Feathers 5:30 Evening Meditation	9:00 Farkle 19 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo w/ Shirley 1:30 Beanbag Toss 2:30 Chat Pack- Getting to Know You! 3:00 Crazy 8's 6:00 Classic Movie: Overboard	9:00 Wii Bowling 20 10:30 Seated Gentle Flow Yoga 11:30 Question of the Week 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Share Your Happiest Memories 6:00 Saturday Night Movie: The Out-Laws
9:30 Hymn Sing Along w/ Rainer 21 10:30 Virtual Non-Denominational Church Service 11:00 Color Your Mind 1:00 Movie Matinee 3:00 You Be the Judge 5:30 Games & Puzzles	9:00 Rummikub 22 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Brain Boosting Games 1:30 Stay Sharp! w/ Dr. Andrea 3:00 Social: Wine, Cheese & Fruit 6:00 Docuseries: Travel Fact or Fiction Ep 1 Ep 4	9:00 Wii Bowling 23 10:00 Walkers Club 10:30 Movie at Cinemark Movie Theaters: Fly Me to the Moon 11:00 Color & Chat 1:30 Quarter Bingo 3:00 Picture in Time 5:00 Dominos 6:00 Monk Season 1 Ep 4	9:00 Gardening Club 24 9:30 Flower Arranging 10:00 Get w/ the Flo Gentle Chair Yoga 10:30 Arts & Crafts w/ Kathi 1:30 Bible Study w/ Jaime 2:00 Come Cool Off w/ A Freezer Pop 3:00 Musical Entertainer Manny Herrera 5:00 Group Coloring	8:30 Shopping at Walmart 25 9:00 Rummikub 9:30 Veterans Coffee & Donuts W/ Carlos 10:00 Crafty Corner: Rickrack Picture Frames 11:00 Group Book Club 1:30 Blackjack 3:00 Yoga w/ Myrlene from Steel Feathers 5:30 Evening Meditation	9:00 Farkle 26 9:30 2024 Olympic Opening Ceremony 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo w/ Ralph 1:30 Left Center Right 2:30 Can You Name 10? 3:00 Chase the Ace 6:00 Classic Movie: Yours, Mine and Ours	9:00 Wii Bowling 27 10:30 What's Cooking? 11:00 Quiz & Trivia 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: Woman in Gold
9:30 Good News, Coffee & Donuts 28 10:30 Virtual Non-Denominational Church Service 11:00 Scenic Bus Ride 1:00 Matinee Movie 2:00 Church Service w/ Faith Community Church 3:00 1974 Tom Jones Live on Concert	9:00 Rummikub 29 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Brain Boosting Games 1:30 Balloon Volleyball 3:00 Social: Fruit Smoothies 6:00 Docuseries: Travel Fact or Fiction Ep 5	9:00 Wii Bowling 30 10:00 Walkers Club 10:30 Lunch at Sweet Tomatoes 11:00 Color & Chat 1:30 Quarter Bingo 3:00 Beading & Jewelry Circle 5:00 Dominos 6:00 Monk Season 1 Ep 5	9:00 Gardening Club 31 9:30 Flower Arranging 10:00 Get w/ the Flow Gentle Chair Yoga 11:00 *New Game- Sequence 1:30 Cooking Demo w/ Marcus 3:00 Happy Hour w/ Dirty Old Men Band 5:00 Group Coloring			

Schedule is subject to change. For the most updated information please see Activity Daily. Sierra Del Sol 8151E Speedway Tucson AZ 85710