



July 2024



2290 Inland Drive North Bend, OR 97459 (541) 756-0176

Meet Our Team

Susan C.	Executive Director
Melissa D.	R.S. Director
Sharon B.	Wellness Director
Sharon W.	Community Relations Director
Bernie S.	Life Enrichment Director
Renay S.	L.E. Associate
Danielle S.	Venture Inn Director
Kathy M.	Dining Director
Roberta W.	Concierge
Donna P.	Concierge
Greg C.	Maintenance
Don W.	Maintenance
Aldo M.	Housekeeping
Trinity G.	Housekeeping
Maria C.	Med Care Associate
Lisa W.	Med Care Associate
Jazmine S.	Med Care Associate
Ashley D.	Med Care Associate
Sunshyne L.	Med Care Associate
Taylor W.	Med Care Associate
Natasha D.	Med Care Associate
Joe G.	Care Associate
Bridget E.	Care Associate
Justin C.	Care Associate
Jalynn N.	Care Associate
Brenda A.	Care Associate
Mandy K.	Care Associate
Emily F.	Care Associate
Janelle B.	Care Associate
Danielle R.	Care Associate
Sara D.	Dietary Aide
Paula W.	Dietary Aide
Christian R.	Dietary Aide
Chris S.	Cook
Tony N.	Cook
Jaime G.	Cook
Emily C.	Cook
Samantha A.	Wait Staff
Josh N.	Wait Staff
Marissa B.	Wait Staff

Good Friends Make Good Neighbors Program

Seniors love living at Inland Point and since our residents are often our best spokespersons, we've created this Program to show our appreciation.

When an Inland Point resident or family member refers a new potential resident* to a Cascade Living Community and that person moves in for at least 90 days, the referring resident will receive a \$1000 credit applied to their base rent.

*In order to qualify as a new potential resident, the person being referred may not already be on our contact list. To make a referral, and ensure you receive a credit for making introduction,



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high.

Sweet and Savory

The sweet-and-salty combination of fluffy waffles and fried chicken drizzled with maple syrup is celebrated on July 30, National Chicken and Waffles Day. A Harlem restaurant popularized the dish in the 1940s when it served the pairing to late-night customers.

Resident Birthday

3 rd	Patricia Hess
3 rd	Ronald Kemper
7 th	Donna Bales
8 th	Flora McCormick
19 th	Halia Pushkar
17 th	Penny Dahl
25 th	Jerry Boggs
26 th	Shirley Eason

Employee Birthday

9 th	Lisa Wright
28 th	Christopher Stewart



Resident Anniversary

1 year	Richard Lyon
2 years	Kathy Saraceni
3 years	Loyd Milburn
3 years	Roger and Mary Myhre
4 years	Gerold Fields

Employee Anniversary

1 year	Paula Wilde
4 years	Tony Noe
16 years	Melissa Dominguez



New Resident

Anita Martin	- Apartment #50
Bobbie Galten	- C26
Eleonor Richard	- C24
Linda King	- C17

New Employee

Sharon Bischoff	- Wellness Director
Sharon Watson	- Community Relations Director
Janelle Barton	- Care Associate
Jalynn Newbill	- Care Associate
Natasha Dixson	- Med Care Associate

Spectacular Shades



Worn both for style and protection, sunglasses are an accessory with a fascinating history. The first sunglasses were invented more than 2,000 years ago by the Inuit people of the Arctic. Made of pieces of flattened walrus ivory with horizontal slits cut into them, these shades blocked the harsh sunlight that reflected off the snow and ice. In 12th-century China, judges wore glasses with lenses of smoky quartz, which hid their facial expressions during court sessions. In the 1700s, and English optician experimented with blue and green lenses to correct vision problems. It wasn't until the early 1900s that sunglasses as we know them now became common. That's when Hollywood movie stars began to wear the glasses to protect their eyes from the bright flashbulbs of photographers' cameras. Then in 1929, businessman Sam Foster started selling his inexpensive Foster Grant shades to beachgoers in Atlantic City, N.J. The fashion craze took off, securing a bright future for sunglasses. The 1930s saw development such as polarized lenses and aviator sunglasses, which were created for pilots but later found popularity with everyday wearers. In the decades since, styles have ranged from cat-eye frames and oversized shades to round, tinted lenses and sporty wraparound sunglasses, providing both practicality and fashion for every personality.



Resident Spotlight

Anna Luise Penrod Dahl



Penny, was born on July 17, 1924 in Diamond Springs, KY and grew up in Dayton Ohio surrounded by two U.S. Army air bases. She met her husband Edward who was in the U.S. Air Force serving in Japan. Edward had served as a gunner during WWII on a B-17, flying 30 missions over Germany and France. He was now fighting in the Korean War. They got married in 1951. Edward passed away in 2018. The couple were married for 67 years. They were blessed with two children. Mark, served in the U.S. Coast Guard and Gail, served in the U.S. Air Force for 20 years. There are three grandchildren and three great grandchildren.

In 1941 Penny wanted to do her part to serve her country, but at age 17 she was too young to join the Women Accepted for Volunteer Military Service. She took a job in a machine gun factory until she turned 20.

She graduated from high school in 1941. She thought about joining the Army and following her father's footsteps but was afraid she'd be assigned to one of the bases close by.

The WAVES was the World War II women's branch of the United States Naval Reserve. It was established in 1942 by the U.S. Congress and authorized the U.S. Navy to accept women into the Naval Reserve as commissioned officers and at the enlisted level.

Penny attended WAVES boot camp in New York City, followed by a training school in Georgia, she was then stationed in Corpus Christi, Texas at a naval air station where pilots were trained. She worked as a storekeeper at a commissary warehouse where canned foods for dependents on base were stored. She signed up to serve in the WAVES for the duration of the war plus six months. At the end of that six months, she was asked to stay an additional six months to help transition her job back to men returning from overseas.

When her duty was up in 1946, she used her G.I. Bill to go to business college back in Dayton. She served from April 1948 to October 1950 in the Civil Service, then was transferred to Clark Air Force Base in the Philippines.

Penny earned the American Campaign Medal and the WWII Victory Medal

At 100 years old, Penny is thankful for the path she chose.

"I've enjoyed my life and I think I was fortunate. I have a lot of very good memories" she said.

Thank you, Penny, for your service, your husband's and both your children's service. You are a remarkable Military family. This is a very rare thing these days. We are both humbled and grateful.