

Ashley Gardens of Mount Vernon Hosts Support Group

MT. VERNON, Wash.—Ashley Gardens of Mount Vernon, a memory care community located at 3807 College Way, hosts a monthly support group that is open to the public every third Monday of the month. The next meeting will be held on Monday, June 15, at 2 p.m. at Trinity Lutheran Church, 301 S. 18th St.

Margaret Sackman from Forest Pharmaceutical, maker of Namenda, will be the guest speaker at this month's session. Namenda is one of the newer drugs used to treat the symptoms of Alzheimer's disease. The drug is FDA-approved for moderate and severe stages of the disease. The sessions are designed to help family and friends cope with the hardship of memory loss in loved ones.

The meeting is a forum to share information, resources and coping techniques for caregivers. For more information, please call Helen Fisher at 360-419-9422.